

L'épissure

<https://www.voileetmoteur.com/voiliers/naviguer/matelotage-naviguer/tuto-matelotage-episser-avec-un-messenger/67832>

Fabrication sans aiguille :

<https://www.youtube.com/watch?v=buhrAmbhOuw>

Le point de couture :

<https://www.youtube.com/watch?v=kMJGxthkldw>

La terminaison constrictor :

<https://www.youtube.com/watch?v=UPfTKoqFg6M>

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